Microwave thermotherapy of BPH with PLFT®
-ProstaLund Feedback Treatment®
Brief information for the treating / referring physician

PLFT for whom?
• Symptomatic BPH
• Prostate size > 30 g (short 25g)
• Prostate length ≥ 35 mm (short 30mm)

Investigations
Standard investigations for BPH
• Medical history
• Symptom score (IPSS-score incl. bother score)
• Voiding diary
• Flow measurement
• Physical investigation, incl. rectal palpation
• Transrectal ultrasound (TRUS)
• Urinalysis, incl. hematuria and bacteriuria tests
• S-creatinine
• Prostate specific antigen (PSA), recommended for patients under 70 years of age

Optional investigations
• Urodynamics
• Urethroscopy

Inform the patient
• that PLFT is a polyclinical treatment
• that the treatment is performed with microwaves via a catheter that is inserted into the urethra
• that the treatment will take approximately 15-70 minutes with local anaesthesia
• that he might experience a (uncomfortable) sensation of heat and an urge to urinate during treatment

That after PLFT
• a urinary catheter will be needed up to three weeks after treatment
• small pieces of dead tissue might be discharged with the urine and a small amount of hematuria could occur
• the urge to urinate may occur (after the catheter has been removed), but this will gradually diminish
• there is a risk of retrograde ejaculation
• over 80% of patients experience significant improvement

Other
• a temporary increased level of PSA can be found after PLFT
• hand out a patient brochure

For detailed information please refer to CoreTherm Instructions for use

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